

## 2009-2010 Season Recap

Date	Opponent	Results
12/10/09	Conference Relays	3rd
12/17/09	Woodbury	W, 108-72
01/02/10	Maroon & Gold Invite	2nd
01/07/10	Stillwater	L, 94-92
01/12/10	Hastings	W, 57-33
01/14/10	East Ridge	W, 60-42
01/19/10	Cretin-Derham Hall	W, 52-50
01/23/10	True Team Sections	2nd
01/30/10	True Team State	8th
02/04/10	Forest Lake	W, 94-84
02/09/10	Roseville	W, 97-81
02/11/10	Park	W, 96-79
02/20/10	JV Conference Meet	3rd
02/25/10	Section Prelims (Swim)	NA
02/26/10	Section Prelims (Dive)	NA
02/27/10	Section Finals	2nd
03/04/10	State Prelims (Dive)	NA
03/05/10	State Prelims (Swim)	NA
03/06/10	State Finals	8th

**Suburban East Conference Record: 7-1 (Co-Champs)**

**All- American**

Jim Rafter – 100 Backstroke

**All-American Consideration**

Cody Erickson – 200 Medley Relay  
 Christian Nygaard – 200 Medley Relay  
 Sam Olson-Anstett – 200 Medley Relay  
 Jim Rafter – 200 Medley Relay

**All-State**

Cody Erickson  
 Noah Lucas  
 Christian Nygaard  
 Sam Olson-Anstett  
 Jim Rafter

**Individual State Qualifiers**

Noah Lucas  
 Sam Olson-Anstett  
 Jim Rafter  
 Greg Stacy

**All-Conference**

Eric Anfinson  
 Cody Erickson  
 Jake Loewen  
 Noah Lucas  
 Christian Nygaard  
 Sam Olson-Anstett  
 Jim Rafter  
 Ryan Slechta  
 Greg Stacy  
 Eric Swanson

<b>All-Conference Honorable Mention</b>	Alan Jin
<b>Most Valuable</b>	Jim Rafter
<b>Rookie-of-the-Year</b>	Max Wang
<b>Most Improved</b>	Andrew Schlais
<b>Iron Horse</b>	Sam Olson-Anstett

