



**Jason Lou                  Senior                  Co-Captain**

Sixth year on team.....Three-time letter winner... Finished tenth in both the 200 IM and 500 Free at Sections in 2016-2017....Finished tenth in both 200 IM and 500 Free at Sections in 2015-2016....Finished fourteenth in 500 Free and seventeenth in 200 Free at Sections in 2014-2015...Finished nineteenth in 100 Fly and sixtieth in 50 Free at JV Conference meet in 2012-2013.

**Favorite Event:** 100 & 200 Free  
**Favorite School Subject:** Physics  
**Favorite Food:** Noodles  
**Favorite Movie:** Cars  
**Hobbies & Interests:** Reading

**Top Times (2016-2017):**

100 Free	52.78
200 Free	1:59.83
500 Free	5:23.34
100 Back	1:04.45
200 IM	2:10.72